



# The Leopard Link



**Grounds Clean Up Day is this Saturday from 9AM – 12 Noon.**

We appreciate ANY time you can give.

Please RSVP if you plan to help at

[www.signupgenius.com/go/10C0F44AAA829A02-grounds](http://www.signupgenius.com/go/10C0F44AAA829A02-grounds)



## President's Perspective

Mmmm....fall is in the air! I love how the crisp mornings turn into warm afternoons that segue into cool evenings. Our weather lately has afforded us the opportunity to be outside, and with the flurry of activity at Lead Mine these past few days, it was much needed.

What a FANTASTIC turnout for our Lead Mine Day of Play on Saturday! We learned something: "new" and "different" is GOOD! When he first approached our PTA with this concept, Mr. Baird reminded us all of how we spent the long days of our childhoods. Those were the days before iPods and computers and televisions in every room. Those were the days when doing "nothing" turned into something big, and a cardboard box became a racecar or a castle or a playhouse. On Saturday, it was completely refreshing to see so many of our students in "creative mode" as they used a mountain of cardboard, tape, and craft materials to dream and build. Imagination is clearly alive and well at Lead Mine! Our kids really thought "outside the box", and every creation was a masterpiece. It was a perfect fall evening for a movie on the lawn, too. Our first "Screen on the Green" was a raging success and the weather couldn't have been more beautiful. "Cloudy with a Chance of Meatballs" was the perfect way to cap off an evening of creativity. Thanks to ALL who participated and the many volunteers who worked to make this free event for our families happen.



If you want to further promote imagination and creativity, talk with your child about entering the **Reflections Art Program**. This year's theme – "Dream, Believe, Inspire" – encourages a wide range of possibilities for artistic expression. This national program is sponsored annually by the National PTA, and students may enter one or more pieces. Registration forms are due October 22<sup>nd</sup>, and all entries are due October 30<sup>th</sup>. For more information, contact our Reflections Chairperson, Amie Lennox, at [amiel@me.com](mailto:amiel@me.com). Or, visit the PTA website and find further information about the program there.

*President's Perspective, continued on page 2*

## Calendar

### October

**10/7**

"The Leopard's Pride" No Fuss Fundraiser Begins

**10/8**

Walk to School Day

**10/11**

Lead Mine T-shirt/Colors Spirit Day

**10/12**

Grounds Clean up Day  
9AM-12PM

**10/14**

Cultural Arts assembly – Bright Star Children's Theatre anti-bullying performance

**10/18**

PTA Meeting– 8:30AM  
Early Release 12:30PM

**10/25**

End of 1<sup>st</sup> Quarter

**10/28**

Teacher Workday  
NO SCHOOL

**10/30**

Fall Picture Retakes  
Reflections Submissions Due

### November

**11/1**

Hawaiian Spirit Day  
Scholastic Book Fair Begins

**11/5**

1<sup>st</sup> Quarter report cards

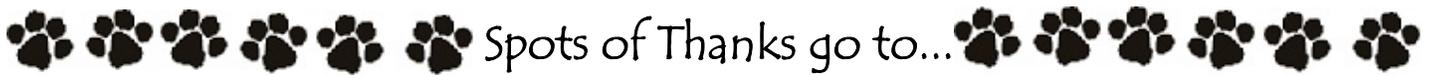
**11/7**

Pawsitive Assemblies  
Book Fair Dessert Night  
6-8PM

**11/8**

Book Fair Ends

**Editor's Note:** *The Leopard Link* is published weekly by the Lead Mine PTA. The purpose of this newsletter is to communicate pertinent school, PTA, and education-related information to the Lead Mine community. Advertisements and solicitations from local and corporate businesses will not be accepted. The deadline for each issue is Thursday at 3:30 p.m. If you'd like to place an article, please email your submission to [theleopardlink@gmail.com](mailto:theleopardlink@gmail.com). Thank you!! Leopard Link Editors: Ashley Murr and Jessica Brueggeman



...**Mattress Firm, Lowe's Home Improvement, and Home Depot** for supplying us with all of the cardboard and craft materials for our Day of Play.  
...all of our wonderful **volunteers** who helped at Saturday's Day of Play! It was a fantastic event, and we appreciated all of the extra hands that helped our kids create!  
...**Beth Sciaudone, B.J. Cady,** and the **Family Night Out committee** for organizing the Screen on the Green outdoor movie. What a great way to spend an evening with the family!  
...**Lacy Drummond** for all of her hard work pulling of our GoPlaySave coupon book sale. Thank you, Lacy!  
...**Lisa Freeman** and the **Health & Wellness Committee** for getting us out and moving at today's Walk to School Day event!

*President's Perspective, continued from page 1*

This morning, we welcomed over 100 staff members, parents, and students at our **2<sup>nd</sup> Annual Walk to School Day**. Wow, Lead Mine! What a great way to kick off the day and promote healthy habits! Our long line of Lead Mine blue and yellow paraded down Old Lead Mine Road to school, led by Mr. Baird, a Raleigh Police Department officer, and Leo the Leopard himself! We were fortunate to have so many staff members supporting this event, and we were thrilled to have Ms. Uehlin. and Ms. Norment leading us in stretching and warm-ups before the walk began. Last year was our first experience with Walk to School Day, and our goal this year was to "grow" the event. I think we did just that! Many thanks to our Health & Wellness committee, who did a fantastic job involving parents, staff, and the community in Walk to School Day.

Today, our **Leopard's Pride** fundraiser begins. Aside from our GoPlaySave coupon book sales, this is only fundraiser we will operate this year as a PTA, so it is very important. The Leopard's Pride is a "no fuss" donation fundraiser where 100% of all contributions are used by the PTA to support things our staff and students are doing every day. Other fundraisers we have operated in the past – wrapping paper, cookie dough, magazines, and such – provide only 10-40% of a return, so The Leopard's Pride allows our PTA to make a much bigger financial impact on our school's needs. With the Common Core curriculum now in place, many extra demands have been placed on school funds in order to support the teachers in their efforts to implement it. Last year, our families raised over \$12,000 to support media and technology updates at Lead Mine. This year, our goal is \$10,000, and with funds raised through The Leopard's Pride, our PTA has the opportunity to offer monetary support in the form of grants for each grade level. These grants can be used to purchase document cameras and other materials that will enhance how the teachers deliver instruction to every child. In the Tuesday folder today, you will find an individual donation form. If you wish to contribute to a grade level grant through The Leopard's Pride, please return the donation and form to your child's teacher. We are also including an optional mailer because we know many grandparents and family friends are involved in your child's education. If you would like to mail that out to a family member or friend who you know would like participate, please feel free to do so. Extra donation forms are available in the front office or on our PTA website under the "FORMS" tab. Please know how *very thankful* we are for your generosity and how much we appreciate any donation you can make toward supporting The Leopard's Pride.

Have a fantastic week!

*Sarah Nguyen, PTA President* [the4nguyens@gmail.com](mailto:the4nguyens@gmail.com) or 845-8535

## Calling All Box Tops!



Last school year, Lead Mine earned almost \$1,900 in extra money for our school through the Box Tops for Education program. YOU can help earn cash for our school by clipping Box Tops coupons from hundreds of participating products. Each Box Top is worth 10 cents, and they add up very quickly! Involve your child in "spotting the Box Tops" on products in your pantry, and then clipping and returning them to school. A Box Tops collection bin is located in our front lobby. You can help earn a few extra dollars for Lead Mine, and every little bit helps. To make it easy to keep track & count, glue your Box Tops to a themed collection sheet from:

[www.boxtops4education.com/all-about-boxtops/boxtops-downloads](http://www.boxtops4education.com/all-about-boxtops/boxtops-downloads)

Lead Mine's Box Tops Chairperson, Laura McSoley, will be wrapping up the 1<sup>st</sup> quarter Box Tops collection drive soon, so **please send in any Box Tops you have collected by Friday, October 25<sup>th</sup>**. Thanks, Lead Mine families!

## LEAD MINE'S HEALTH AND WELLNESS COMMITTEE

### We Need You!

We are looking for parent or staff volunteers to organize a school walking program at Lead Mine.

The number of volunteers would influence the number of days per week that we could meet (1 morning or 2 mornings - non-jump rope days).

Anyone interested in helping plan, promote, or participate in a Walking Club should contact Lisa Freeman at [Fifefreeman@gmail.com](mailto:Fifefreeman@gmail.com)

### Feature Health and Wellness Article

Holy hairnets! Your child's school cafeteria actually does serve healthier foods than "mystery meat" and fried cheese. Encourage your young gourmand to load up his tray with these picks, from Ann Cooper, nutrition services director for Colorado's Boulder Valley School District and author of Lunch Lessons.

Bean-and-veggie quesadillas. These tend to be made on-site with fresh produce, low-fat cheese, and whole-wheat tortillas. Salsa adds anti-oxidant-rich tomato (which a lot of kids won't touch in its natural state).

Burgers. Ground turkey is ideal, but even school hamburgers aren't a bad choice because they're usually small and contain vegetable filler (a good thing). Of course, it helps if kids forgo cheese, bacon, and fries (at least sometimes).

Pizza. Yep, pizza! Many schools now offer up whole-wheat crusts and top the pies with part-skim-milk cheese. Even if not, a plain or vegetable slice is always a solid lunch standby.

Wraps. Whole-grain wraps filled with turkey, cheese, lettuce, and tomato make for a well-balanced, no-mess meal.

And on the side...

Baked potato. It's a lower-fat choice than mashed or fried.

Low-fat yogurt. It's calcium- and protein-rich.

Baked beans. Just half a cup provides loads of fiber and protein.

Source: *Parenting.com*



## Do You Love Power Tools?

If you love power tools or just being outside, then we have an opportunity for you! Join us for our Buildings and Grounds Clean-up Day on October 12th. We promise not to make you work too hard! We welcome any help, even if you can only come for a short while.



If you plan to be there please let us know by signing up at:

[www.SignUpGenius.com/go/10C0F44AAA829A02-grounds/2105076](http://www.SignUpGenius.com/go/10C0F44AAA829A02-grounds/2105076)



Don't forget to use the advance ticket purchase online site below to get your State Fair gate tickets! Ride vouchers may also be purchased through the link below. **Be sure to enter Lead Mine's school code #470**, and Lead Mine will receive \$1 back for each child ticket purchased (\$3.00) and \$2 for every adult ticket purchased (\$7.00). It's a great way to help out if you are planning to attend the NC State Fair.

[http://www.etix.com/ticket/online/performanceSearch.jsp?performance\\_id=1742475&cobrand=ncstatefair13-wakecounty](http://www.etix.com/ticket/online/performanceSearch.jsp?performance_id=1742475&cobrand=ncstatefair13-wakecounty)

## Morning Jump Rope Team

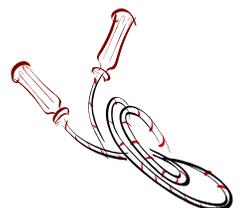
Due to the large number of children participating in the morning jump rope program, please check and adhere to the following date changes for practice:

**2<sup>nd</sup> grade** will practice on the following dates: 10/15, 10/29, 11/19, 12/3, 12/17, 1/14, 2/4, 2/18, 3/4, 3/25, 4/8, 4/15, 4/22

**3<sup>rd</sup> grade** will practice on the following dates: 10/1, 10/22, 11/12, 11/26, 12/10, 1/7, 1/28, 2/11, 2/25, 3/18, 4/8, 4/15, 4/22

**4<sup>th</sup> grade** will practice on the following dates: 10/9, 10/23, 11/13, 12/4, 12/18, 1/22, 2/5, 2/19, 3/5, 3/19, 4/9, 4/16, 4/23

**5<sup>th</sup> grade** will practice on the following dates: 10/2, 10/16, 11/6, 11/20, 12/11, 1/15, 1/29, 2/12, 2/26, 3/12, 4/9, 4/16, 4/23



**What You'll Need**

Small cardboard boxes, aluminum cans, and cardboard tubes from toilet paper or paper towels

**What To Do**

1. Explain to your child that when we recycle materials, we need to flatten them. Ask him or her why (to save space). Ask your child to imagine what shapes will be created when you flatten the boxes or cans. Some people crush cans, which is not the same as flattening. When you take apart a cylinder, you have two circles for the ends and the flat cylinder makes a rectangle. Cut a cardboard tube lengthwise. What shape do you see (a rectangle)? What will a cereal box look like if you carefully unfold it and cut along the edges?
2. Unfold a cardboard box, without showing your child the original box. Ask your child to imagine what the original box looked like. What shape will it be when it is put back together? How will the ends look?
3. Have your child trace all the faces of a box or other 3-dimensional shapes by laying every side and top and bottom on the paper to be traced. Ask the child the names of the drawn 2-dimensional shapes.
4. Have your child study a box. Then see if your child can draw a net (the unfolded version) of the box. Unfold the box to see how closely the drawn net corresponds to the actual net. What would the net of a pyramid look like? What would the net of a cube look like?

*Website Source:* <http://www2.ed.gov/pubs/parents/Math/mathhome.html>

**Can You Name the Lead Mine Newspaper?**



We are starting a newspaper at Lead Mine! We need your help coming up with a name though! There is a box for name suggestions on the School Store. Write down your idea and don't forget to put your name on it. The Newspaper Staff will organize them for the whole school to vote on. The person who comes up with the winning name will be the first Student Spotlight in the first issue of the paper!

*Questions? Please contact Cami Stephens at: [camillehstephens@yahoo.com](mailto:camillehstephens@yahoo.com)*

**COUNSELOR'S CORNER**

**October is National Bullying Prevention Month.  
What can we do to keep Lead Mine School bully-free?**

***Step one—Recognize the Bullying***

Bullying is unfair and one-sided. It happens when someone keeps hurting, frightening, threatening or leaving someone out on purpose.

***Step Two—Refuse the Bullying***

If it is safe, stand up to the bully and say "That's bullying and I want you to stop". Then leave.

***Step Three—Report the Bullying***

If the bullying continues or you feel unsafe, report the bullying to a grown-up who can help.

Bystanders are students who see the bullying happening and can help in several ways:

- \*Don't laugh at or join in the bullying
- \*Get the victim away from the bully
- \*Refuse the bullying
- \*Report the bullying

Classroom guidance lessons are being taught using the Steps to Respect curriculum to give students this information about bullying and how to prevent it.

*Questions? Contact Robin Phillips at [rphillips@wcpss.net](mailto:rphillips@wcpss.net)*

