



The Leopard Link



President's Perspective

When thinking about what to write in my last *Leopard Link* article, the choice was obvious. This article is a big thank-you note of sorts, and so many names need to fit on the envelope.

Let me start by saying "thank you" to the hard-working women on the PTA Board of Directors – Candi, Beth, Leisa, Lorri, Lacy, Beth, and Sue. Through their many hours of planning and working, which began when school ended *last* June, these ladies made things happen and demonstrated such an inspiring commitment to our school. I would also like to thank Darlene, Carolyn, Tracy, Debbie, Kim, and Meredith, for keeping tabs on our finances, making deposits, and being advocates for our membership. Thank you for ALL you have done and, most importantly, for *giving your time* to this organization.

I would also like to thank ALL of our committee chairs, who seemingly effortlessly ran so many of our programs throughout the year. There is a tremendous amount of behind the scenes work and planning that goes on in order to pull off events. Thanks for giving your time and energy to serving our staff and students, and doing everything you can to ensure the success of our programs. It makes all the difference.

There are several roles in our PTA that require time *each and every week* – and so I'd like to thank these parents for their huge time commitment in serving our school. Thank you, Catherine (Copy Center) and Shannon (Media Center), for securing volunteers for every school day – and pinch hitting when unexpected absences occurred. Thank you, Jessica and Ashley, for publishing our *Leopard Link* every week and giving up so much time on your weekends to making sure it's ready to publish. Thank you, Katy, Jacob, Lynn and Rod, for translating our *Leopard Link* each weekend so that our Spanish-speaking families could stay informed. And thank you, Sandy and Sharon, for running our school store twice a week as well as lining up help as needed.

Let me give a HUGE thank you to every parent and grandparent who visited, volunteered at, or attended an event at Lead Mine this year. Whether you accompanied your child's class on a field trip, helped for an hour at Carnival, sent in supplies for a class project, looked through books at our Book Fair or joined your child for lunch, your time here makes all the difference in the culture of this school. Nothing our PTA does would be possible without support from YOU! Thank you.

We are fortunate at Lead Mine to have an administration and staff who value parental involvement. They welcome and encourage it, recognizing that the success of every student depends upon the partnership that is forged between home and school. Our staff is well-educated and passionate, their doors are always open, they are communicative, and in some cases, they hold our hands as often as they hold our children's. In a nutshell, Lead Mine is a gem. As a PTA, we are grateful to be able to lend any support we can to building a worthwhile partnership that will strengthen our children and families, and, ultimately, this school.

I hope each of you have a relaxing summer filled with all the things you love. If you will be moving on to another next school year, I wish you the best of luck wherever life leads. If your little leopards are returning to Lead Mine in August, then I look forward to seeing you again!

Many blessings,

Sarah Nguyen, PTA President the4nguyens@gmail.com or 845-8535

Calendar

5/29

ALL Library books DUE

5/30

AR Breakfast of Champions
K-2 Assembly 9:00 AM
3-5 Assembly 9:45 AM

5/31

DATE CHANGE
Volunteer Breakfast
(8:30AM) & General PTA
meeting (9AM)

6/2

Retirement Reception for Mrs.
Gunther 2-4PM at Lead Mine

Meet the Kindergarteners!
from 5-8PM @ YoPop Frozen
Yogurt in Stonehenge Market

6/3

Super Kids Day

6/4

Super Kids Day (Rain Date)

6/6

Pawsitive Assemblies
8:45 K-1st grades
9:45 2nd-3rd grades
10:45 4th-5th grades

6/7

5th Grade DARE Graduation-
9AM

6/10

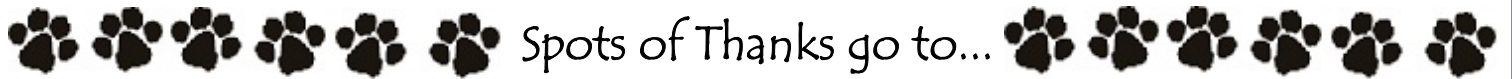
5th Grade Graduation - 10AM
LAST DAY OF SCHOOL!

LIBRARY BOOK REMINDER

Don't forget!
All library books
are due back on
or before
**Wednesday,
May 29!**

Editor's Note: *The Leopard Link* is published weekly by the Lead Mine PTA. The purpose of this newsletter is to communicate pertinent school, PTA, and education-related information to the Lead Mine community. Advertisements and solicitations from local and corporate businesses will not be accepted. The deadline for each issue is Thursday at 3:30 p.m. If you'd like to place an article, please email your Principal: Gary Baird 8301 Old Lead Mine Road Raleigh, North Carolina 27615 Asst. Principal: Teresa Caswell

Office phone (919) 870-4120



Spots of Thanks go to...

...all of the parents who helped with **EOG proctoring** and **hall monitoring** last week!

...**Catherine Foscatto** for organizing all of the wonderful volunteers who copy and laminate each week in our school's Copy Center. Thank you to the **MANY** parents who help out in this capacity week after week.

...**Sonya Abbate** for helping our staff's classroom emergency supplies checked and stocked all year long. Sonya also collects and mails off things like used printer cartridges and cell phones for recycling, which earns money for our school through the Green School Project.

...**Lorri Heilig** for coordinating our volunteers as well as sending out various requests for help throughout the year.

...**Seema Shekhar, Victoria Bass, Beth Dunn, Alison Carpenter, Sarah Nguyen, Emma Chavis, BJ Cady, Candice Kish, Beth Sciaudone, and Fara Khan** for proctoring/hall monitoring during the EOGs this week .

Lead Mine Band Registration Ends May 31st

If your child is interested in learning to play a musical instrument in next year's Lead Mine After-School Band, there's still time to register! Registrations will be accepted through this Friday, May 31st, and all rising 3rd, 4th, and 5th grade students are welcome to join. Registration forms are available in the office, or you can sign up online at www.leadmineband.com.

If you have any questions about band, please call our director, Christina Thompson, at [\(919\) 395-7605](tel:9193957605).



~Say "Hey" to K!~

Join us in welcoming incoming Kindergarten families at YoPop Frozen Yogurt in Stonehenge Market.

5-8 pm, Sunday, June 2!

7490 Creedmoor Rd.

Raleigh, NC 27613

Tel. 919-846-1915



Drop your receipts in the Lead Mine Elementary box at YoPop, and 10% of sales will be donated to the Lead Mine PTA!

Save the Date: Retirement Reception Honoring

Eileen Gunther

Sunday, June 2nd from 2-4PM

Please join the Lead Mine staff and PTA for light refreshments in the Media Center from 2-4 PM as we come together to celebrate Mrs. Gunther's amazing teaching career.

She has spent 38 years educating young minds, 16 of them here at Lead Mine.

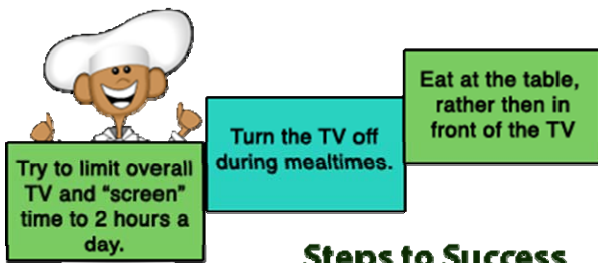
Please join us as we honor this wonderful lady and her dedication to our community!

Please RSVP at: <http://www.evite.com/event/00DCAARBSZI3CI3YCEPCWJOBMKCL5Y?gid=00DCAASZBIY47ICHKEPCXGSKPR34A>



Parents Guide And Tips To Reducing TV And Screen Time

Source: www.nourishinteractive.com. Michelle Mirizzi, MS, Registered Dietitian



Did you know? There is no waking activity that we do that burns fewer calories than watching TV? The more television children watch, the more likely children are to snack between meals and want the foods advertised on commercials.

Limiting TV and screen time is important for children and it provides kids with time for other activities that exercise their muscles, bones and heart.

The American Academy of Pediatrics recommends that children are limited to two hours or less of screen time.

Let's be honest. Television is mesmerizing and that is why parents like it occasionally because it keeps children quiet. Here are some simple steps to follow to make sure your family is making smart choices when it's time for TV:

- Decide as a family what television programs are worthwhile to watch. Sit down a few minutes before the show comes on and then turn the television off at the end
- Make sure your child has finished his/her homework and chores before relaxing in front of the tube
- Set a time limit for watching television each day and stick to it
- Replace television time with some other fun time such as a quick card game or a walk around the block. It's a great opportunity to talk to your child about their day
- Spend time talking with your child during family meals and keep the television turned off during the meal
- Place the remote away from the couch or table so there is less temptation to turn it on if your child is bored
- Do not use television as a reward for a job well done

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